



UNIVERSITY *of* MARYLAND
SCHOOL OF NURSING

Dissemination and Implementation of Function Focused Care-Assisted Living

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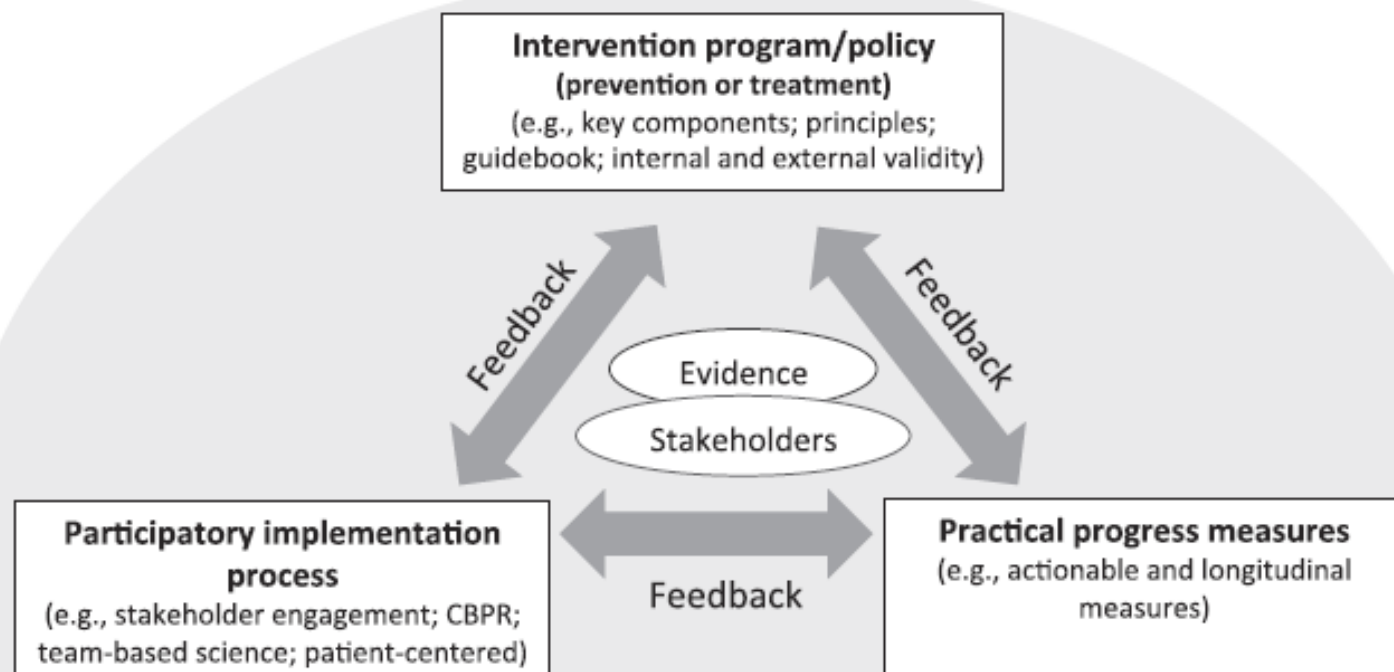
Study Purpose

- To disseminate and implement the previously established, effective FFC-AL approach to 100 assisted living (AL) settings.



Theoretical Support for Approach

- The FFC-AL intervention was theoretically developed guided by a social ecological model and social cognitive theory.
- To disseminate and implement we also used:
 - Diffusion of Innovation (e.g., the use of champions; making the intervention match the setting etc).
 - The Evidence Integration Triangle



Multilevel context

- Intrapersonal/biological
- Interpersonal/family
- Organizational
- Policy
- Community/economic
- Social/environment/history

Details of Intervention

- FFC-AL includes implementation of a four step approach:
 - (I) Environment and Policy/Procedure Assessments;
 - (II) Education of staff, residents and families, including use of our Function Focused Care website which has 6 short video coaching sessions;
 - (III) Developing Function Focused Goals for Residents; and
 - (IV) Mentoring and Motivating

Details of Intervention

- Sites were eligible based on size and willingness to identify a champion to work with us.
- Champions attended a face to face half day training (or watched this via webinar).
- A Research Function Focused Care Nurse visited sites monthly and met with the champion to implement the four steps of the intervention-adjusted the activities to the site needs and preferences.
- Weekly FFC tidbits were sent to all champions and identified stakeholders

Evaluation Approach

- Reach, Efficacy/Effectiveness, Adoption, Implementation, and Maintenance (RE-AIM) model.



Dimension	Sources of Evidence
Reach	Site recruitment rates and class participation; total number of residents potentially impacted by function focused care.
Efficacy	Measurement of the environment, policy and service plans; measurement of resident falls and hospital transfers in the month prior to and in the last month of the 12 month study period.
Adoption	Setting identification of a champion and adherence of the champion to meetings and participation in function focused care activities; Evidence of changes in environment, policies and service plans.
Implementation	<p>Delivery was based on evidence that all champions received the initial face- to-face training; evidence that the champions were provided with the resources to teach and raise awareness of function focused care among their staff, residents and families; completion of the environment and policy assessments and appropriate changes discussed; that champions received the weekly tidbits.</p> <p>Receipt was based on evidence that the champion used the Nasco gift certificate.</p>
Maintenance	Evidence of changes in the environment and policies within settings that better reflect function focused care.

Challenges/Opportunities Identified With Regard to Dissemination and Implementation Work

- Have to be flexible and meet the needs of each setting (ex. We revised materials for them; wrote policies)
- Utilize measures that are practical and real world (ex. falls and hospitalizations versus actigraphy)
- Have to have champion and site buy in